

**Joint Statement by University of California Health Benefit Plans
Regarding the Use of Health Assessment Questionnaire Data**

As the plans who deliver health benefits to the University of California population, we jointly support the following statement:

*We all believe that the personal practice of healthy behaviors is important to individual quality of life, as well as to the control of health care costs. We believe that **health assessment questionnaires** are valuable tools in helping people to identify health issues they may have, and to take steps toward a healthier lifestyle. As UC members, you are eligible to complete a Kaiser Permanente health assessment if you are enrolled in that plan, or a StayWell health assessment if you are enrolled in any other plan.* We want to do everything to encourage, and nothing to discourage, the use of these helpful tools by our members.*

After completing a StayWell or Kaiser Permanente health assessment, you have the choice of whether or not to share your results with your health plan. If you do share this information, our organization publicly commits to the principle and practice of using health assessment data from University of California members only for programs that benefit the member. We will NOT use this information about your health status for any underwriting purpose, either to reject an application for coverage or to affect the premium you would pay, now or in the future, whether or not you remain with the University. As a reminder, your individual results are never shared with the University itself.

Please consider completing the health assessment available to you as a good step toward a healthy future.

Statement approved by:

Anthem Blue Cross	CIGNA HealthCare	Kaiser Permanente	Health Net of California	StayWell Health Management	United Behavioral Health	Western Health Advantage
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*Some unions have elected to decline eligibility for the StayWell program